

Week 8: Remedies pt.3

We have now covered some of the most pivotal parts of astrological remedies. What remains are various remedial measures that are more rajasic or tamasic by nature and involve austerities or the use of simple sympathetic magic to alleviate certain planetary conditions. Let us begin with austerities.

Austerity as a remedial measure

Fasting is the most basic remedial austerity and is recommended as an addition to many other remedy combinations. The essential teaching is quite simple: the energy in the air is influenced by the day of the week and its planetary lord. That planet's energy permeates the food and drink that we intake on that day, and thus to avoid extra negative energy from a malefic planet it is beneficial to fast on a day associated with that planet. Thus if a native was suffering from Saturn they could fast on Saturdays as an addition to other remedies. The common rule is to fast for no less than 6 weeks straight on that day (meaning 6 Saturdays). This should be combined with chanting mantras associated with a beneficial planet in their chart, or doing pujas to alleviate the malefic planet.

We will now cover some more precise austerities and their astrological benefits.

Celibacy: A person suffering from a malefic Venus that causes many health issues, or a Mars/Venus combination that inflames the passions, benefits much by practicing celibacy and making offerings to the Divine Mother. Slowly the natal Venus becomes purified of negative energies. Tantric worship and sexual rites can also rectify malefic aspects of Venus by worshipping the female partner as the Divine Mother. For women, a period of chastity and offerings to the Divine Mother is ideal for alleviating any feminine health issues.

Silence: A vow of silence can be taken for a period of time to purify the speech and Mercury, or one could take a vow to be silent except for the recitation of mantras and holy scriptures. Such activities will purify speech and also the planet Mercury.

Renunciation: Living in the wilderness in remote areas while practicing meditation is the best remedy for Saturn, as Saturn wants the native to detach from worldly society. Living according to a strict schedule and making offerings or rendering services to the poor and elderly is a traditional Saturn remedy for householders.

Lunar fasting: The person in question should gradually decrease food intake during the dark half of the month and fast on the New Moon, while gradually increasing food intake (by 1 handful a day) during the bright half of the month until the Full Moon, and then worshipping the Divine Mother in her lunar form on that day. This greatly pleases the spirits and deities associated with the Moon. The person should also drink milk daily during this process.

Shivaratri Fast: Fasting on the 14th lunar day of Magha all day and night, and performing an all-night vigil while chanting the panchakshari mantra “Om Namah Shivaya” is said to alleviate many karmic and astrological obscurations and impediments, and lead to health, wealth and success. The effects build each year in a row that the austerity is performed. It is recommended to do at least 10 years in a row.

Rajasic Remedies

This is a list of remedies connected to typical malefic planet situations. To give the entire list of each planet in each house would be an exhausting endeavor, so I have given a good list for typical malefic situations that you would want to remedy.

Rahu in the 1st, 4th, 7th, 8th or 10th house

1st house: Offer 400 grams of lead in running water such as a river. Wear a silver necklace. Mix barley in milk in a ration of 1:4 and offer this mixture into running water. Offer a coconut in running water. Such offerings should be made on Saturday, or when the Moon is in Aquarius, or when the Moon conjuncts Rahu.

4th house: Wear silver (Moon rules silver and has power to subdue Rahu). Offer 400 grams of coriander or almonds into flowing water.

7th house: Never marry before the age of 20. Offer six coconuts in a river or some kind of running water.

8th house: Avoid working with electricity or dangerous chemicals, wear silver, worship Saturn.

10th house: Cover your head regularly (with a hat, turban, etc). Feed blind people.

Ketu in the 1st, 4th, 7th, 8th or 10th house

1st house: Feed animals, use saffron as a perfume or cologne

4th house: Keep a dog, wear silver, offer yellow items such as flowers into flowing water.

7th house: Use saffron as described above, practice always telling the truth, and apply Jupiter remedies.

8th house: Keep a dog, donate black blankets to homeless shelters or charities, worship Ganesh.

10th house: Keep a silver pot full of honey in the house, keep a dog especially when you are older than 40 years, avoid adultery and use remedies for the Moon and Jupiter.

Sun in 6th, 8th and 12th houses

6th house: Respect ancestors and elders, respect family customs and traditions. Always keep holy water in the house. Avoid working with fire other than for worship purposes.

8th house: Don't wear white clothes, do not live in a southern-facing house, always drink plenty of water and have sweets regularly (within reason). Offer copper coins into a fire. Throw jaggery into running water. Exercise.

12th house: Have a courtyard in your home, be religious and truthful, do not hold grudges, perform offerings to solar deities.

Moon in the 8th or 12th houses

8th house: Avoid gambling, remember your ancestors, serve elders. Water from a cremation ground kept in the house can ward off the negative effects of Moon in the 8th (especially with reference to evil spirits and black magic).

12th house: golden earrings, colloidal gold with milk, doing religious pilgrimage. Avoid opening a school or college of any kind, and do not give milk or food to saintly people (instead offer silver or gold, or white clothing).

Mars in the 1st, 4th, 5th, 7th, 8th and 12th

1st house: Avoid telling lies, leaving worldly life to follow a saint will prove harmful, avoid the acceptance of free gifts as much as possible. Do not wear ivory.

4th house: Offer sweet milk to the roots of a banyan tree, and collect the mud that results at the base of the tree and spread it over the navel. Always keep a square piece of silver on you. Do not try to do charity work for disabled or poor people.

5th house: Sleep with a bowl of water in a silver bowl or pot next to your head at night, and then in the mornings offer the water to a flowering plant. Plant and take care of a Neem tree.

7th house: Place a solid piece of silver in the house for prosperity. Always offer sweets to women who are close to you, such as family. Build a small wall and destroy it.

8th house: Wear a silver chain. Offer sweet loaves of bread to dogs. Offer rice and jaggery at places of worship.

12th house: Take honey first thing in the morning. Offer sweets to others. Marry someone with Mars in 12th. Do worship of Ganapati.

Mercury in the 8th house:

Bury an earthen pot filled with honey in a desolate and secluded area, or in a cremation ground. This should be offered to appease any negative spirits. Place milk or rainwater in a container on the roof.

******Note that this combination normally gives great scholarship in the occult. The remedies are to prevent the many types of nervous disorders that can assail someone when Mercury is in the 8th house in an unfriendly sign.

Jupiter remedies

Almost all Jupiter remedies involve rendering devoted service to the guru or to priests and holy men, and making offerings regularly.

Venus in 6th and 8th houses

6th house: A man should take good care of his wife and regard her very highly. A woman should be sure to keep good sexual health and hygiene. The wife should wear a gold clip in her hair.

8th house: Worship of Venus every Friday, rendering service to women in need, celibacy, offering a copper coin or blue flower into dirty flowing water such as waste water gutters every day for 10 days straight. Observing important holy days for the Divine Mother such as Navaratri.

Saturn in 1st, 4th, 5th and 6th houses

1st house: abstinence from meat and alcohol. Offering sweet milk to the roots of a banyan tree. Taking care of health, and spending time in the Sun.

4th house: Taking care of a snake, especially offering the snake milk. Pouring milk into a well. Offering alcohol in running water.

5th house: He should keep things indicating Jupiter and Mars in his home, and should make offerings to Jupiter.

6th house: Serving a black dog. Offering coconuts and almonds into running water. Serving snakes.